

TRIGONOMETRIC SUBSTITUTIONS

We showed in class that the area enclosed by the circle $x^2 + y^2 = a^2$ equals πa^2 . It involved computing integrals of the form

$$\int_0^a \sqrt{a^2 - x^2} \, dx$$

Exercise 1. Find the area enclosed by the ellipse

$$\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$$

The following table is a list of trigonometric substitutions that we use for certain radical expressions.

TABLE 1. Table of Trigonometric Substitutions

Type	Expression	Substitution	Identity
1	$\sqrt{a^2 - x^2}$	$x = a \sin \theta, -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$	$1 - \sin^2 \theta = \cos^2 \theta$
2	$\sqrt{a^2 + x^2}$	$x = a \tan \theta, -\frac{\pi}{2} < \theta < \frac{\pi}{2}$	$1 + \tan^2 \theta = \sec^2 \theta$
3	$\sqrt{x^2 - a^2}$	$x = a \sec \theta, 0 \leq \theta < \frac{\pi}{2} \text{ or } \pi \leq \theta < \frac{3\pi}{2}$	$\sec^2 \theta - 1 = \tan^2 \theta$

Exercise 2. (Type 1) $\int \frac{\sqrt{4-x^2}}{x^2} dx$

Note that the radical term is of Type 1 i.e. radical of the form $\sqrt{2^2 - x^2}$.

Therefore we need to use the substitution $x = 2 \sin \theta$, and proceed from there.

Exercise 3. (Type 2) $\int \frac{1}{x^2 \sqrt{x^2 + 4}} dx$

Just because it has a radical expression does not necessarily mean that you need to use the substitution from the table. For instance:

Exercise 4. $\int \frac{x}{\sqrt{x^2 + 9}} dx$

Exercise 5. (Type 3) $\int \frac{1}{\sqrt{x^2 - 1}} dx$

So there are integrals where you need to do substitution first before computing the integrals

Exercise 6. $\int_0^{\frac{\sqrt{3}}{2}} \frac{x^3}{(4x^2 + 1)^{\frac{3}{2}}} dx$

There are certain integrals where you need to solve by completing the squares first

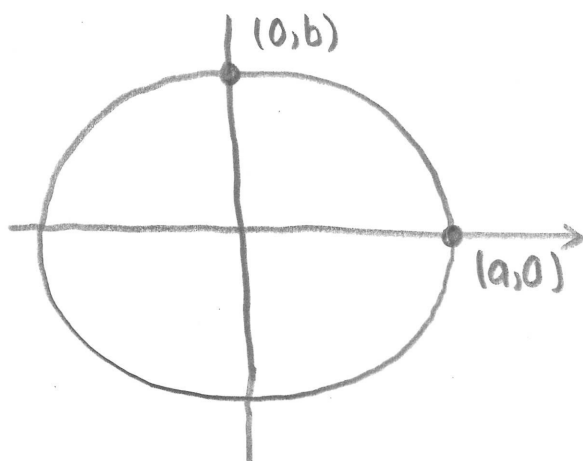
Exercise 7. $\int \sqrt{5 + 4x - x^2} \, dx$

Exercise 8. $\int \frac{x^2 + 1}{(x^2 - 2x + 2)^2} \, dx$

TRIGONOMETRIC SUBSTITUTION

①

Ellipse : $\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$



- Find the area enclosed by the ellipse.

- All four areas are same, so we can restrict to the 1st quadrant.

Solving equation for y ,

$$\frac{y^2}{b^2} = 1 - \frac{x^2}{a^2} \Rightarrow y^2 = b^2 \left(\frac{a^2 - x^2}{a^2} \right)$$

$$\Rightarrow y^2 = \frac{b^2}{a^2} (a^2 - x^2) \Rightarrow y = \pm \frac{b}{a} \sqrt{a^2 - x^2}$$

Since $y > 0$, $y = \pm \frac{b}{a} \sqrt{a^2 - x^2}$

Then ,

$$A = \int_0^a \frac{b}{a} \sqrt{a^2 - x^2} dx$$

These exactly are the type of integrals that require trigonometric substitution .

We will set up a table but for time being ,

$$x = a \sin \theta$$

$$\Rightarrow dx = a \cos \theta d\theta$$

Limits of integration

$$0 = a \sin \theta \Rightarrow \sin \theta = 0 \Rightarrow \theta = 0$$

$$a = a \sin \theta \Rightarrow \sin \theta = 1 \Rightarrow \theta = \frac{\pi}{2}$$

$$A = \int_0^{\pi/2} \frac{b}{a} \sqrt{a^2 - a^2 \sin^2 \theta} \cdot a \cos \theta d\theta$$

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$$= \int_0^{\pi/2} \frac{b}{a} \sqrt{a^2(1 - \sin^2 \theta)} \cdot a \cos \theta \, d\theta$$

$$= \int_0^{\pi/2} \frac{b}{a} \cdot a \cdot \cos \theta \cdot a \cos \theta \, d\theta$$

$$= ab \int_0^{\pi/2} \cos^2 \theta \, d\theta = ab \int_0^{\pi/2} \left[\frac{1 + \cos 2\theta}{2} \right] d\theta$$

$$= \frac{ab}{2} \left[\theta + \frac{\sin 2\theta}{2} \right]_0^{\pi/2} = \frac{ab}{2} \left[\frac{\pi}{2} + 0 - 0 \right]$$

$$= \frac{\pi ab}{4}$$

Then, total area = πab

Ex 2

$$\int \frac{\sqrt{4-x^2}}{x^2} dx$$

$$x = 2\sin\theta$$

$$\frac{dx}{d\theta} = 2\cos\theta$$

$$dx = 2\cos\theta d\theta$$

$$\sqrt{4-x^2} = \sqrt{4-(2\sin\theta)^2}$$

$$= \sqrt{4-4\sin^2\theta}$$

$$= \sqrt{4(1-\sin^2\theta)}$$

$$= 2\cos\theta$$

$$\int \frac{2\cos\theta \cdot 2\cos\theta d\theta}{(2\sin\theta)^2}$$

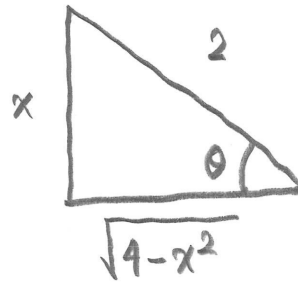
$$= \int \frac{\cos^2\theta}{\sin^2\theta} d\theta$$

$$= \int \cot^2\theta d\theta$$

$$= \int \operatorname{cosec}^2\theta - 1 d\theta$$

$$= -\cot \theta - \theta + C$$

$$= -\frac{\sqrt{4-x^2}}{x} - \sin^{-1}\left(\frac{x}{2}\right) + C$$



$$3) \int \frac{1}{x^2 \sqrt{x^2+4}} dx$$

Type 2 $a = 2$

$$x = 2 \tan \theta$$

$$\frac{dx}{d\theta} = 2 \sec^2 \theta \Rightarrow dx = 2 \sec^2 \theta d\theta$$

$$\sqrt{x^2+4} = \sqrt{(2 \tan \theta)^2+4}$$

$$= \sqrt{4 \tan^2 \theta + 4} = \sqrt{4(1 + \tan^2 \theta)} = 2 \sec \theta$$

$$= \int \frac{1}{(2 \tan \theta)^2} \cdot 2 \sec^2 \theta \, d\theta$$

$$= \frac{1}{4} \int \frac{\sec \theta}{\tan^2 \theta} \, d\theta$$

$$= \frac{1}{4} \int \frac{\frac{1}{\cos \theta}}{\frac{\sin^2 \theta}{\cos^2 \theta}} \, d\theta$$

$$= \frac{1}{4} \int \frac{\cos \theta}{\sin^2 \theta} \, d\theta$$

$$\text{let } v = \sin \theta$$

$$dv = \cos \theta \, d\theta$$

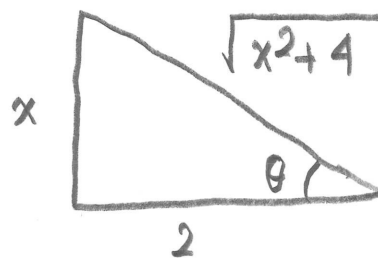
$$= \frac{1}{4} \int \frac{1}{v^2} \, dv$$

$$= \frac{1}{4} \frac{v^{-1}}{-1} + C$$

$$= \frac{-1}{4 \sin \theta} + C$$

$$= -\frac{1}{4} \operatorname{cosec} \theta + C$$

$$= -\frac{1}{4} \frac{\sqrt{x^2+4}}{x} + C$$



$$4) \int \frac{x}{\sqrt{x^2+9}} dx$$

$$u = x^2 + 9 \Rightarrow du = 2x dx \Rightarrow dx = \frac{du}{2x}$$

$$\int \frac{x}{\sqrt{u}} \frac{du}{2x} = \frac{1}{2} \int u^{-1/2} du = \frac{1}{2} 2u^{1/2} + C$$

$$= u^{1/2} + C = \sqrt{x^2+9} + C$$

$$5) \int \frac{1}{\sqrt{x^2-1}} dx$$

Type 3 $a=1$

$$x = \sec \theta$$

$$dx = \sec \theta \tan \theta d\theta$$

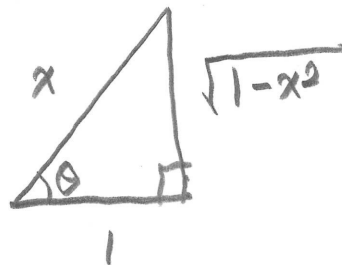
$$\sqrt{x^2-1} = \sqrt{\sec^2 \theta - 1} = \tan \theta$$

$$\int \frac{1}{\tan \theta} \sec \theta \tan \theta d\theta$$

$$= \int \sec \theta d\theta = \ln |\sec \theta + \tan \theta| + C$$

$$\cos \theta = \frac{1}{x}$$

$$= \ln |x + \sqrt{1-x^2}| + C$$



$$6) \int_0^{\sqrt{3}/2} \frac{x^3}{(4x^2 + 1)^{3/2}} dx$$

We want sth of
the form $u^2 + 1$.

$$= \int_0^{\sqrt{3}} \frac{(u/2)^3}{(u^2 + 1)^{3/2}} \frac{du}{2}$$

So $u^2 = 4x^2$ means

$$u = 2x$$

$$du = 2dx \Rightarrow dx = \frac{du}{2}$$

$$x = 0, u = 0$$

$$x = \frac{\sqrt{3}}{2}, u = \sqrt{3}$$

$$= \frac{1}{16} \int_0^{\sqrt{3}} \frac{u^3}{(u^2 + 1)^{3/2}} du$$

Type 2 $a = 1, u = \tan \theta$

$$du = \sec^2 \theta d\theta$$

$$(u^2 + 1)^{3/2} = (\tan^2 \theta + 1)^{3/2} = \sec^3 \theta$$

$$= \frac{1}{16} \int_0^{\pi/3} \frac{\tan^3 \theta}{\sec^3 \theta} \sec^2 \theta d\theta$$

$$u = \sqrt{3} \quad u = 0$$

$$\tan \theta = \sqrt{3} \quad \tan \theta = 0$$

$$\theta = \frac{\pi}{3} \quad \theta = 0$$

$$= \frac{1}{16} \int_0^{\pi/3} \frac{\tan^3 \theta}{\sec \theta} d\theta$$

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$$= \frac{1}{16} \int_0^{\pi/3} \sec \theta \tan \theta \cdot \frac{\tan^2 \theta}{\sec^2 \theta} d\theta$$

$$= \frac{1}{16} \int_0^{\pi/3} \sec \theta \tan \theta \cdot \frac{\sec^2 \theta - 1}{\sec^2 \theta} d\theta$$

$$\text{let } u = \sec \theta$$

$$\theta = 0, u = 1$$

$$\frac{du}{d\theta} = \sec \theta \tan \theta$$

$$\theta = \frac{\pi}{3}, u = 2$$

$$= \frac{1}{16} \int_1^2 \frac{u^2 - 1}{u^2} du$$

$$= \frac{1}{16} \int_1^2 (1 - u^{-2}) du$$

$$= \frac{1}{16} \left[u + u^{-1} \right]_1^2$$

$$= \frac{1}{16} \left[2 + \frac{1}{2} - (1 + 1) \right]$$

$$= \frac{1}{32}$$

$$7) \int \sqrt{5+4x-x^2} \, dx$$

Solve by completing square

$$5+4x-x^2 = -(x^2-4x-5)$$

$$= -\left(x^2-4x+\left(\frac{-4}{2}\right)^2-\left(\frac{-4}{2}\right)^2-5\right)$$

$$= -\left((x-2)^2-9\right)$$

$$= 9-(x-2)^2 = 3^2-(x-2)^2$$

$$\int \sqrt{3^2-(x-2)^2} \, dx$$

$$u = x-2$$

$$du = dx$$

$$\int \sqrt{3^2-u^2} \, du$$

Type 1 $a = 3$

$$u = 3\sin\theta$$

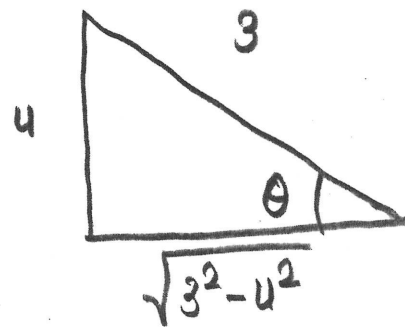
$$du = 3\cos\theta \, d\theta$$

$$\begin{aligned}\sqrt{3^2 - (3\sin\theta)^2} &= \sqrt{9 - 9\sin^2\theta} \\ &= \sqrt{9(1 - \sin^2\theta)} = 3\cos\theta\end{aligned}$$

$$\int 3\cos\theta \cdot 3\cos\theta d\theta = 9 \int \cos^2\theta d\theta \quad \nearrow \text{even power } \cos\theta = \frac{9}{2} \int 1 + \cos 2\theta d\theta$$

$$= \frac{9}{2} \left[\theta + \frac{\sin 2\theta}{2} \right] + C$$

$$= \frac{9}{2} \left[\theta + \frac{2\sin\theta\cos\theta}{2} \right] + C$$



$$= \frac{9}{2} \left(\sin^{-1}\left(\frac{u}{3}\right) + \frac{u}{3} \cdot \frac{\sqrt{3^2 - u^2}}{3} \right) + C$$

$$= \frac{9}{2} \left[\sin^{-1}\left(\frac{x-2}{3}\right) + \frac{x-2}{3} \cdot \frac{\sqrt{9 - (x-2)^2}}{3} \right] + C$$